


Oct 08

Sunday Dimanche	Monday Lundi	Tuesday Mardi	Wednesday Mercredi	Thursday Jeudi	Friday Vendredi	Saturday Samedi
	<i>The faster you go, the more chance there is of stubbing your toe, but the more chance you have of getting somewhere.</i> -Charles F. Kettering		1 Gold/Silver 6:30-7:30am Gold/Silver 3:50-6pm Bronze 4-5:30pm	2 Gold/Silver 6-7:30am Rookie 4-5pm Dry Land Gym Gold 4-5pm	3 Gold/Silver 3:50-6pm Bronze 4-5:30pm	4 Swim Practice Silver/Gold 7:30-9:30am Bronze 8:30-9:30am
5 I'm happier... I guess I made up my mind to be that way. -Merle Haggard	6 Gold/Silver 3:50-6pm Bronze 4-5:30pm	7 Gold/Silver 6-7:30am Rookie 4-5pm Dry Land Gym Gold 4-5pm	8 Gold/Silver 3:50-6pm Bronze 4-5:30pm	9 Gold/Silver 6-7:30am Rookie 4-5pm Dry Land Gym Gold 4-5pm	10 Gold/Silver 3:50-6pm Bronze 4-5:30pm	11 Swim Practice Silver/Gold 7:30-9:30am Bronze 8:30-9:30am
12 Who dares nothing, need hope for nothing. J.C.F. von Schiller	13 Happy Thanks Giving	14 Gold/Silver 6-7:30am Rookie 4-5pm Dry Land Gym Gold 4-5pm	15 Gold/Silver 3:50-6pm Bronze 4-5:30pm	16 Gold/Silver 6-7:30am Rookie 4-5pm Gold 3:50-5pm swim Dry Land 5-6pm	17 Gold/Silver 3:50-6pm Bronze 4-5:30pm	18 Sudbury Swim Meet Dylan Jackson B-Day 17 Yrs Old
19 Sudbury Swim Meet	20 Gold/Silver 3:50-6pm Bronze 4-30pm	21 Gold/Silver 6-7:30am Rookie 4-5pm Gold 3:50-5pm swim Dry Land 5-6pm	22 Gold/Silver 6-7:30am Gold/Silver 3:50-6pm Bronze 4-5:30pm	23 Gold/Silver 6-7:30am Rookie 4-5pm Gold 3:50-5pm swim Dry Land 5-6pm	24 Gold/Silver 3:50-6pm Bronze 4-5:30pm	25 Swim Practice Silver/Gold 7:30-9:30am Bronze 8:30-9:30am
26 Winners have habit of breaking bad habits. They stop doing the things...that might stop from succeeding	27 Gold/Silver 3:50-6pm Bronze 4-5:30pm	28 Gold/Silver 6-7:30am Rookie 4-5pm Gold 3:50-5pm swim Dry Land 5-6pm	29 Gold/Silver 6-7:30am Gold/Silver 3:50-6pm Bronze 4-5:30pm	30 Gold/Silver 6-7:30am Rookie 4-5pm Gold 3:50-5pm swim Dry Land 5-6pm	31 Gold/Silver 3:50-6pm Bronze 4-5:30pm Madison Whittet 11 yrs old	What is defeat? Nothing but education and the first step to something better. - Richard Sheridan

3-5 Oct 08

18-19 Oct 08

7-9 Nov 08

29-30 Nov 08

4-7 Dec 08

17-18 Jan 09

6-8 Feb 09

12-15 Feb 09

26 Feb - 1 Mar 09

17-19 Apr 09

NEOR AGM

NEOR Meet #1 Sudbury

Barrie Invitational

NEOR Meet #2 CFB North Bay

Youth Cup - Etobicoke

NEOR #3 Sault Ste Marie & Ontario Cup

Dave Kensit - Sault Ste Marie

Eastern National - Halifax

Ontario Provincial Championships - Napean

Team II - Sudbury